

## EXPERIENCE THE HEALING & RELAXING POWER OF NATURE

**E**ach ABANO terme bath is a specialized treatment you can give yourself at home.

All ABANO terme ingredients are pure and natural coming from EARTH, PLANT & SEA. For detailed list of elements see next page.

### BATH POWDERS



### OIL BATHS



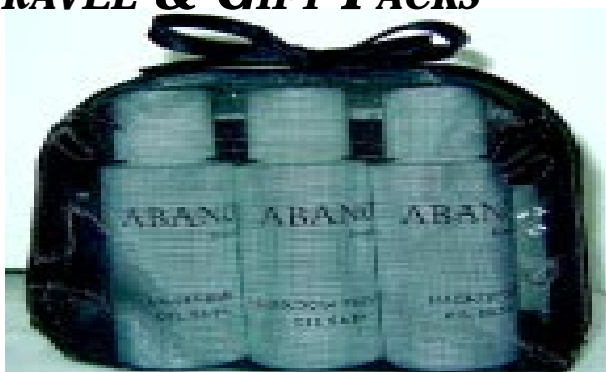
### HERBAL BATH BAGS



### SKIN & BODY CARE



### TRAVEL & GIFT PACKS



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## **THE EXPERIENCE**

European spas offer some unique benefit. Some are famous for their hot springs, the minerals in their waters, the salts in the sea. Abano terme, is renown for its rich volcanic fango mud treatments. Located in the North of Italy, surrounded by the ancient cities of Venice, Padua and Verona, ABANO terme is a favorite retreat for Europeans seeking relief from strained joints and muscles, arthritis, rheumatism, as well as the stress of everyday life.

Ancient Romans believed bathing to be therapeutic and essential to one's health and well-being. These early spa visitors were the first to use fango mud, essential oils and sea salts in their baths. They named ABANO from the Greek "a ponus" meaning "relieves pain." To this day, ABANO terme is revered as a place of healing and rejuvenation.

## **THE ELEMENTS**

All ABANO terme ingredients are pure and natural coming from EARTH, PLANT & SEA. For detailed list of elements see next page.

## **THE ORIGIN**

After studying physiotherapy in Germany and kinesiology at the University of California, I opened my own rehabilitation clinic and spa.

When my clients experienced therapeutic bath treatments in my clinic, they asked if they could continue the treatments at home, thus I began offering the spa products through the clinic and the Abano product line was born. Later I began selling the Abano Bath, Oils and Herbal Bath Bag Treatments to health and beauty spas who wanted to offer classic European spa-kur therapies for their clients to take home.

These are exactly the same treatments used in world class health spas in Europe and more recently in the U.S. These baths contain natural ingredients in concentrated and therapeutic formulations. These powder and oil products completely dissolve in water, can be used in a whirlpool, are biodegradable and will not stain the tub or body. Used as directed, you will experience a real spa-kur treatment in your home.

Reinhard R. Bergel, Ph.D.



## ***THE PRODUCTS....***

### ***BATH POWDER TREATMENTS***

(ALL COME IN 2OZ, 8OZ AND 16OZ SIZES)

*The ABANO terme fango in warm water captures and holds heat. Heat from the volcanic fango bath elevates body temperature so stressed joints and muscles relax, allowing the body to heal. Circulation increases, purifying, nourishing and revitalizing the skin.*

#### ***Fango Salicyl Mud Bath***

This bath is the favorite European spa treatment for toning the skin and soothing the body. Fango, pure volcanic ash, removes impurities, replaces minerals and gently exfoliates. Skin is smoother and softer, ready to absorb moisture and nutrients. Heat from the fango promotes healing and relaxation while pine needle extract stimulates circulation. Salicyl aspirin powder relieves aches and pains making this the ultimate mud bath.

#### ***Fango Natrium Mud Bath***

This bath, used in spas world-wide, is pure mineral-rich volcanic ash. This ancient beauty ritual is effective for removing impurities and smoothing the texture of the skin so it can readily absorb moisture and nutrients. Fango treatments relax tired muscles, detoxify and revitalize the body. For fango-aromatherapy baths, add ABANO terme bath oils.

#### ***Milk Whey Bath***

This bath retains and replenishes the skin's protective acid layer. In Europe this whey and essential oil bath is prescribed for healing and restoring dry, sensitive or damaged skin, the favorite European bath for beautiful skin. Milk whey is naturally cleansing and moisturizing. Skin feels hydrated, healthier, more radiant. Soap is not recommended.



#### ***Valerian Oil Bath***

This bath eases stressed nerves and promotes relaxation. Like a gentle massage, valerian essential oil brings on restful sleep. Skin and body are soothed and quieted.

#### ***Mustard Bath***

This bath is renowned for its stimulating, cleansing and rejuvenating qualities. The warmth of mustard assists in opening the pores of the skin, helping to sweat out impurities. Use as an aid in relieving stress, muscle and joint soreness, congestion, skin conditions, periodic tensions and sleeplessness.

#### ***Dead Sea Bath Salt***

This bath stimulates circulation and eliminates toxins from the body. Pure Dead Sea salts are prized for their high concentration of minerals, seaweed and algae. Like a swim in the ocean, this treatment revitalizes tired skin and restores its natural glow.

#### ***Seaweed Bath Powder***

This bath is a concentrate of the ocean's nutrients to nourish, tone, detoxify skin tissue and reduce bloat. This bath contains calcium, iodine, magnesium and potassium which are absorbed through the skin. Seaweed treatments reduce inflammation and relieve stress.

## ***THE PRODUCTS....***

### **BATH OIL TREATMENTS**

(ALL COME IN 2OZ, 8OZ AND 16OZ SIZES)

*ABANO terme essential oils are absorbed through the skin and carried by the circulatory systems throughout the body. In warm water, these natural oils from flowers and plants help the skin release toxins, absorb nutrients and retain moisture. Recognizing the therapeutic properties of essential oils, early spa visitors added them to their thermal baths. ABANO terme oils are time-tested European skin and body treatments containing high concentrations of pure essential oils and natural plant extracts.*

#### ***Balm Mint (Melisse) Oil Bath***

This bath relaxes the body. Dry or damaged skin feels softer and hydrated. This lemon-mint fragrant essential oil bath alleviates stress.

#### ***Camomile Oil Bath***

This bath calms and soothes. The comforting scent eases tense nerves and bodies. This essential oil bath gently smoothes and conditions sensitive skin.

#### ***Eucalyptus Oil Bath***

This bath stimulates and refreshes. Inhaling cool eucalyptus essential oil heightens breathing. Circulation improves, nourishing the skin and body.

#### ***Lavender Oil Bath***

This bath revitalizes and balances. This spicy, fragrant bath enhances a sense of well-being. Pure essential oil moisturizes the skin.

#### ***Pine Needle Oil Bath***

This bath invigorates and energizes. Essential oil of pine improves circulation and deepens breathing. This forest-fresh bath revives the depleted body.



#### ***Meadow Flower Oil Bath***

This bath stimulates and revives dull skin. Essential oils of thyme, sage and meadow flowers combine the classic European aromatherapy tradition. This blend of fragrant oils restores tired limbs and body.

#### ***Rosemary Oil Bath***

This bath enhances circulation and detoxifies. Skin feels toned and glowing. The bracing herb scent of rosemary essential oil stimulates the senses and invigorates the body.

#### ***Valerian Oil Bath***

Valerian oil baths ease stressed nerves and promotes relaxation. Like a gentle massage valerian essential oil brings on restful sleep. Skin and body are soothed and quieted.

#### ***Golden Fango Essential Oil Bath*** **RHEUMATISM BATH!!!!!!**

This bath alleviates signs of chronic sciatica and lumbago, chronic soft tissue and joint rheumatism, arthritis and neuritis.

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## ***DELIGHTFUL HERBAL BATH BAGS***

***48 bags per box***

This new product was recently imported by H.E.A.T., Inc. to provide the same wonderful bath products available in larger jars, in this easy to use packaging. Perfect for the single bath.

<b><i>Abano#s</i></b>	<b><i>501</i></b>	<b><i>Lavender</i></b>
	<b><i>502</i></b>	<b><i>Eucalyptus</i></b>
	<b><i>503</i></b>	<b><i>Mountain Rain</i></b>
	<b><i>504</i></b>	<b><i>Geranium Detox</i></b>
	<b><i>505</i></b>	<b><i>Rose/Sandalwood</i></b>
	<b><i>506</i></b>	<b><i>Jasmine</i></b>



## ***Great Gift Or Room Amenities For Your Hotel Or Spa***

<b>Eucalyptus</b>	Butea Flower, Chamomile Flower, Comfrey Root, Eucalyptus Leaf, Rose Petal, Rosemary Leaf, Witch Hazel Leaf, Orris, Oil
<b>Geranium Detox</b>	Allspice Berry, Butea Petal, Cloves Stem, Eucalyptus Leaf, Ginger Root, Rosemary Leaf, Orris, Oil
<b>Lavender</b>	Blue Malva Flower, Burdock Root, Comfrey Leaf, Lavender Petal, Linden Flower Oats, Yarrow Flower, Orris, Oil
<b>Mountain Rain</b>	Calendula Petal, Chamomile Flower, Comfrey Leaf, Juniper Berry, Oats, Rosemary Leaf, Sage Leaf, Orris, Fragrance
<b>Jasmine/Bergamot</b>	Calendula Petal, Chamomile Flower, Comfrey Leaf, Juniper Berry, Oats, Rosemary Leaf, Sage Leaf, Orris, Jasmine Fragrance, Bergamot Oil
<b>Rose/Sandalwood</b>	Hibiscus, Roses, Orris, Fragrance, Oil

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